



Outdoor Education Adult Program Guide



The Ganaraska Forest Centre welcomes corporate groups and encourages collective participation in any of our exciting, outdoor education programs. Programs are about 1.5 hours in duration, and may be adapted to suit corporate itineraries or team goals. All programs are run outdoors and can be offered at flexible times of the day.

For more detailed information on the education programs, or how to customize your participation, please contact our Education Department at: 905-797-2721 or send inquiries at: education@qrca.on.ca

Survival Game: In this active role-playing game, each person takes on the character of a different wildlife species. It is a high-energy program designed to test anyone's endurance and cunning. There are three levels of consumers: herbivores (deer), omnivores (skunks) and carnivores (wolves) each vying for food, water and space. Each person must search for food and water stations while watching out for another animal stalking your movements or the evil poacher who wants to hang your hide on their wall. A great game to reinforce teamwork, burn off some energy and learn about Ontario's forest animals.

Group Dynamics Part I: This program supports character development and leadership by introducing the four concepts of teamwork: communication, support, inclusion and planning, through group initiatives. This program supports these concepts through various challenges and group problem-solving tasks. The goal of the program is to improve teamwork, have fun, and show exactly what each group needs to work on to become better connected with one other.

Low Ropes Obstacle Course: This program builds upon Group Dynamics Part I and takes place on a low ropes course located in the Ganaraska Forest. Teams will test their determination and group planning skills using several different structural elements, including the Ice Wall, Nitro, Whale Watch and many more. This is a great program to work on group focus, trust and teamwork.

Outdoor Survival Skills: Learn the skills necessary to survive in the great outdoors. Hands-on initiatives include fire-building, outdoor cooking, and shelter-building. Different survival scenarios are explored and discussed in this favourite, action-packed program. Do you have what it takes to survive?

Map-Reading and Orienteering: This popular program gives people a hands-on opportunity to learn and apply compass and map-reading skills. Through fun, interactive teaching techniques, you and a partner will learn the skills needed to find your way from point A to point B with the ultimate challenge of finding your way through two courses ahead of the rest of the group. Winner takes all! (Yes – there is a prize).

Evening programs, including a guided night hike through the forest or a campfire program, are also available. Please inquire, to find out more.